

Cape Ann Directory of AIDS Resources

A project of the
Cape Ann AIDS Task Force

Spring, 1999

Inclusion of individuals or organizations in this directory does not constitute endorsement of those individuals or organizations.

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Many hours of volunteer time have gone into the development of this directory, and many groups and individuals have shared in the work. This directory is but one example of the commitment of these people and agencies to providing a humanistic response to AIDS.

The printing of this directory was done at Chisholm & Hunt Printers in Gloucester.

If while using this directory you find that any number is incorrect or out of service, please call us at the Cape Ann AIDS Task Force. We want to keep this directory as up-to-date as possible for those who use it. Also, if there is a place you know of that should have this directory and does not, please let us know how we might be able to contact them. We can be reached at (978) 281-9771 at the Gloucester Board of Health. Ask for the Public Health Nurse.

Sheryl Knutsen, M.S.N., R.N., C.S.
Co-chairperson, Cape Ann AIDS Task Force
and
Public Health Nurse, City of Gloucester

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OVERVIEW OF HIV/AIDS

The Human Immunodeficiency Virus (**HIV**) is contracted by exposure to infected human body fluids (semen and blood), such as through unprotected sexual intercourse or the sharing of unclean syringes. Once inside the blood stream, the virus destroys immune cells, called **T-cells** or **CD4 cells**, which normally fight infection. A person who thinks he or she is infected with the virus can undergo two blood tests (the **Elisa test** and the **Western blot test**) to confirm the diagnosis. If the blood tests reveal antibodies to the virus, the person is said to be HIV positive (**HIV+**). For the majority of people, during the first three (3) to six (6) weeks after infection, (and for a small percentage of people, up to 6 months after infection) antibodies may not yet appear in the blood stream. A person tested during this **window period** may have an inaccurate, or **false negative**, result, suggesting there is no infection. It is important to be retested to confirm or clarify the first result, whether negative or positive.

There are four stages of **HIV disease**. The first stage is acute onset, during which the infected person will experience flu-like symptoms. During the asymptomatic (second) stage, the patient will show no overt signs of the virus; this may last for several years. During the symptomatic (third) phase the patient will experience some effects from the virus, including fatigue or weight loss. HIV disease progresses to the fourth stage, **AIDS** (Acquired Immune Deficiency Syndrome), when a person experiences an **opportunistic infection (OI)**. Someone can also be diagnosed with AIDS if their T-cell count has fallen below 200. Opportunistic infections are caused by bacteria and viruses that take advantage of a person's weakened immune system; they do not usually occur in those with a healthy immune system.

The health of a person living with AIDS (**PWA**) or HIV is determined in part by a test of **viral load**, which is the measure of the amount of virus in the blood system; this can range from undetectable to millions. The medications now being used attempt to prevent the virus from replicating in the blood system, and can reduce the viral load to undetectable levels. The drugs are used in combinations familiarly called **the cocktail**. There are three categories of medications designed to prevent the virus from replicating in specific ways: nucleoside analog reverse transcriptase inhibitors (NRTI), non-nucleoside analog reverse transcriptase inhibitors (NNRTI), and protease inhibitors (PIs).

Someone with undetectable viral load is not free of the virus and can still transmit the virus to others. **Prevention** of the spread of HIV is possible. Transmission of the virus can be prevented by practicing safer sex, that is, using condoms during intercourse, and by not sharing needles or by cleaning needles with bleach. There is no cure for HIV or AIDS.

ACTION, INC.

ADDRESS: 24 Elm Street
Gloucester, MA 01930

TELEPHONE #: (978) 283-7874

ADMINISTRATIVE HEAD: William C. Rochford, Executive Director

CONTACT PERSON: Peter Anastas, Director of Advocacy and Housing

PURPOSE: Area Anti-Poverty Agency

SERVICES OFFERED: Advocacy and housing services

General: Advocacy: public benefits, landlord tenant problems, income maintenance, health care;
Housing:

- 20-bed homeless shelter for men and women, with hot dinner, breakfast, case management to guests, open 5 p.m. - 8 a.m. (978) 283-4125;
- 10 unit rooming house

Other: fuel assistance, homemaking, weatherization, Retired Volunteer Program; employment & training for fishermen and families.

Senior

Specific AIDS-Related:
Advocacy: public benefits counseling; health care access;
housing (public housing and landlord-tenant problems);
income maintenance counseling; medical and dental referrals;

HOURS OF OPERATION:

Monday - Friday, 9 a.m. - 5 p.m.:
Free legal services by appointment;
Public benefits attorneys from Neighborhood Legal Services every Friday -
(Landlord Tenant lawyer).

FEES: None

LANGUAGES SPOKEN: Italian, Portuguese

ADDISON GILBERT HOSPITAL

ADDRESS: 298 Washington Street, Gloucester, MA 01930

TELEPHONE #: (978) 283-4000

ADMINISTRATIVE HEAD: Robert Fanning, Jr., President

CONTACT PERSON: Frances H. Larkin, M.S., R.N.
Coordinator, Community health,
Extension 131

PURPOSE: To provide health care to the residents of Cape Ann.

SERVICES OFFERED:

General:

- Emergency Services
- Ambulatory Clinics
- Medical/Surgical Intensive Care
- Gynecology
- Pediatrics
- Outpatient Ancillary Services
- Substance Abuse Programs
- Community Health Education

Specific AIDS Related:

- AIDS Educational Seminars may be scheduled by businesses and community groups
- Literature and videocassettes on AIDS
- Speakers Bureau
- Health care professional's library
- Information on AIDS antibody testing.
- Consultation on AIDS-related issues to industry, agencies, health care providers, public service organizations.

HOURS OF OPERATION: 24 hours a day, 7 days a week.

LANGUAGES SPOKEN: Interpreter services provided for all patients as needed.

AIDS ACTION COMMITTEE

ADDRESS: 131 Clarendon Street, Boston, MA 02116

HOURS OF OPERATION: Monday through Friday, 9 a.m. - 5 p.m.

<u>TELEPHONES:</u>	Administration	(617) 437-6200
	TOLL FREE HOTLINE	(800) 235-2331
	AIDS Action Line	(617) 536-7733
	Youth Only AIDS Line	(800) 788-1234
	AIDS Action TTY Line	(617) 437-1672

WHEN YOU NEED HELP FROM CLIENT SERVICES:

By calling (617) 450-1250, any Person concerned about HIV disease may ask to speak with a member of the Access Team. Help may mean the answering of questions, a referral to other organizations that might be able to assist, or the offer of Client Registration with the AIDS Action Committee. As of Fall 1996, AIDS Action's Client Census: 1,600.

The following services are available to anyone who is HIV positive. Free of charge. AIDS Action observes strict confidentiality.

1. **Financial Advocacy:** Help in obtaining private health insurance or access to public health care programs. Assistance in applying for income benefits including private disability insurance, Social Security, and General Relief.
2. **Housing Referral:** Help in obtaining affordable housing through applications for subsidized housing programs, and referrals to privately managed subsidized units; HIV/AIDS-specific housing programs. Also, assistance with back rent and rental start-up for individuals moving into affordable housing.
3. **Legal Services:** Volunteer attorneys from AIDS Action's Legal Task Force provide free and reduced-rate legal services in the areas of estate planning, guardianship, bankruptcy, landlord-tenant law, and problems relating from HIV-related discrimination.
4. **Basic Services:** Depending on advance notice and availability, AIDS Action Volunteers can provide services that include:
 - a. Transportation to medical and social service appointments, support groups, and other HIV related appointments when other transportation is not available.
 - b. The delivery, where geographically possible, of pre-cooked frozen meals for homebound clients, only.
 - c. Help in moving from one residence to another when other moving assistance is not available.
 - d. The provision and delivery of goods previously donated to AIDS Action such as mattresses, furniture and other household items.

- e. Assistance with the purchase of a refrigerator, and providing a new bed.
- 5. **“Buddies”** are trained volunteers who provide companionship and emotional support for up to four hours, once a week. Buddy assignments vary widely, depending on your needs and interests and schedule. A Buddy may sometimes help with practical tasks (like laundry and shopping) if the need arises. Some Buddies are assigned to families, and they spend time with a child or children. Other Buddies provide respite support for a caregiver, by spending time with you at home. All assignments are subject to volunteer availability.
- 6. **Support Group Programs:** AIDS Action Committee has a variety of support groups for people infected and affected by HIV. The groups offer people opportunities to share feelings and information, and to give and receive emotional support to others who are having similar experiences. The support groups are facilitated by professional mental health providers. Referrals are also offered to other non-AAC sponsored groups from Central to Eastern Massachusetts.
- 7. **Case Management:** In some instances AIDS Action will provide a short term case manager to clients dealing with many issues, who can together develop an action plan.
- 8. **Ticket Talk Line:** All registered clients are eligible for free tickets to sporting and cultural events based on their availability.
- 9. **Check-In Program:** As vital members of the Client Services team, Check-In volunteers make telephone contact with and provide support to AIDS Action’s clients. Three nights a week, volunteers come to AIDS Action to call both new and long-term clients to provide a sensitive and sympathetic ear as well as information about services available through AIDS Action. Check-In volunteers receive intensive training as well as ongoing support and supervision.

HIV RESOURCES:

- 1. Wellspring Newsletter: Published bimonthly.
- 2. HIV Resource Library: Staffed by volunteers. To access information on a specific subject, call (617) 450-1432.
- 3. AIDS Action Hotline: Monday-Friday, 9:00 a.m. to 9:00 p.m. and Saturday from 10:00 a.m. to 2:00 p.m. Staffed by trained volunteers who provide current factual information, offer support and guidance, and refer callers to HIV antibody testing programs and other medical, mental health, social, housing, or financial resources.
- 4. Volunteer Opportunities: Over 2,000 volunteers provide services, education, outreach and advocacy. Time commitments and training requirements vary. Call the Hotline for the time and place of the next Volunteer Orientation Meeting.

5. Sources of Support: Approximately 80% of AIDS Action's support is derived from volunteers, private donations, corporations, foundations and fundraising events. While government's 20% funding is an important source of income, AIDS Action relies most heavily on the community for its financial support. More than two-thirds of every dollar raised is spent on services and programs that directly benefit clients and the citizens of Massachusetts. Volunteers provide the largest source of direct support in a typical year with over 140,000 hours of service.

TRANSPORTATION: By MBTA: AIDS Action is located a half block from the Back Bay stop on the Orange Line, two blocks from the Copley Square stop on the Green Line.

DIRECTIONS: From the North: Take I-93 or I-95 to Boston, follow signs to Storrow Drive, take Copley Square exit, right on Beacon Street, left on Clarendon Street.

AMERICAN RED CROSS

ADDRESS: 185 Main Street
Gloucester, MA 01930

TELEPHONE: (978) 283-1660

ADMINISTRATIVE HEAD: Pamela Beck, Executive Director

CONTACT PERSON: Same

PURPOSE: Human Service

SERVICES OFFERED:

General: 24 hour emergency services
Disaster Relief
Blood services
Health & Safety Training
Aquatics Programming
Motor Corps

Specific AIDS-Related: HIV Education
Transportation to Boston
Health & Safety classes

HOURS OF OPERATION: Monday: 9 – 5
Tuesday: 2 – 8 p.m.
Wednesday: 9 – 5
Thursday: 9 – 3
Friday: 8 – 5

FEES: For individual services

LANGUAGES SPOKEN: English only

TRANSPORTATION: Car

CAPE ANN EARLY INTERVENTION PROGRAM

A program of the NSARC

ADDRESS: 89 Maplewood Ave. 111 Dodge Street
Gloucester, MA 01930 Beverly, MA 01915
TELEPHONE: (978) 281-8441 (978) 921-1182

ADMINISTRATIVE HEAD: Susan McCarthy, Program Director
CONTACT PERSON: Cheryl Favalora, Clinical Social Worker

PURPOSE: Family-centered services with birth to three year olds who present with risks for developmental disabilities and/or delays. These risks can be establishing conditions, specific delays or syndromes, environmental and/or medical situations. To provide services as early as possible in a family's life cycle, to maximize on developmental strengths and abilities.

SERVICES OFFERED:

General: Screenings (Home & Community-based)
Eligibility Evaluations/Intakes
Individual Family Service Plan (IFSPS's)
Multi-disciplinary Development Assessment
Home & Center-based Individual & Family Services
Developmental Toddler Groups
Parent-Child Groups & Parent Support Groups
Service Coordination, Information & Referral networking with families

Specific AIDS-Related:

- Developmental assessment & intervention with children 0-3 years who are infected or affected by HIV/AIDS.
- Support & education with family members, including caregivers who are HIV positive or have AIDS.

HOURS OF OPERATION: 8:00 a.m. - 4:00 p.m. Monday - Friday.

FEES: No direct costs to families; funded by the Dept. of Public Health (State & Federal dollars), Medicaid, many 3rd party insurances. Co-payments, etc. are billed to our DPH contact.

LANGUAGES SPOKEN: Materials are available in Portuguese, Khmer, and other. Bilingual services will be available if required.

TRANSPORTATION: If needed - available.

STAFF: Educators, Social Workers, Physical & Occupational Therapists, Speech & Language Pathologists, Nurses; Nutritional Medical Consultation.

CAPE ANN MEDICAL CENTER

ADDRESS: Blackburn Park, Gloucester, MA 01930

TELEPHONE: (978) 281-1500

ADMINISTRATIVE HEAD: Paul Bussone, Administrator

CONTACT: Grace Francis, R.N., B.S.N., Nurse Supervisor

SERVICES OFFERED:

General:

Internal Medicine
For Patients of CAMC:

- Minor Emergencies
- Adult Immunizations
- Therapeutic Injections
- Laboratory
- Radiology
- Ultrasound - cardiac
- Cardiac Services
- Respiratory Services – Spirometry, Nebulizer/inhalation treatment

Consultive Services:

Cardiology
Dermatology
Neurology
Gastroenterology
Rheumatology
Ear, Nose, Throat
Orthopedics
Mental Health (Psychiatry, Psychology)
Pulmonology

HOURS OF OPERATION: 8:00 a.m. - 6:00 p.m. Monday - Friday
9:00 a.m. - 3:00 p.m. Saturday
9:00 a.m. - 1:00 p.m. Sunday

FEES: Medicaid, Third Party reimbursement

LANGUAGES SPOKEN: Some Spanish, Portuguese, Italian

CAPE ANN PEDIATRIC AIDS COMMITTEE

ADDRESS: c/o Child Development Programs
120 Maplewood Avenue
Gloucester, MA 01930

TELEPHONE: (978) 281-2400

CONTACT PERSON: Theresa Folce

PURPOSE: CAPAC helps to provide for the needs of children affected or infected by HIV/AIDS and helps to raise awareness in the community regarding Pediatric AIDS.

SERVICES OFFERED: A small fund is available to help families with tangible items or services not provided for elsewhere. Some examples of items or services that would be covered by this fund are: diapers, non-prescription medication, clothes, day care, transportation, developmental testing.

HOURS OF OPERATION: N/A. Community meetings are held on an as-needed basis.

FEES: None.

CATHOLIC CHARITIES

ADDRESS: 11-15 Parker St., Gloucester, MA 01930-3018

TELEPHONE: (978) 283-3055

REGIONAL DIRECTOR: Sr. Linda O'Rourke

CONTACT PERSON: Diane LePard, Community Service Provider, Gloucester

PURPOSE: Emergency Assistance

SERVICES OFFERED: Emergency financial assistance
Emergency food vouchers
First-time Homeowner classes
Information and Referral
Peabody Food Pantry
Holiday Programs - Christmas Toys
Housing Counseling/Homeless Prevention
Parish Social Ministry

Specific AIDS Related: We provide many of the above services to people with HIV and AIDS

HOURS: 9:30 a.m. - 4:30 p.m. Monday - Thursday,
11:30 a.m. - 4:30 p.m. Friday.

FEES: None

LANGUAGES SPOKEN: Lynn & Peabody offices can assist Gloucester office in Spanish & Cambodian translation.
Gloucester office: Italian translator available.

TRANSPORTATION: Not provided.

CHILD DEVELOPMENT PROGRAMS

ADDRESS: 120 Maplewood Ave., Gloucester, MA 01930

TELEPHONE: (978) 281-2400

ADMINISTRATIVE HEAD: Sue Todd, Executive Director

CONTACT PERSON: Theresa Folce

PURPOSE:

Provide child care, early childhood education, family support and clinical social services to income eligible families. Child Development Programs is dedicated to meeting the basic need of every growing child and to building a community empowered by a healthy generation of young people.

SERVICES OFFERED: (All programs are Office for Children licensed)

- **Family Child Care** - Year round child care provided in licensed homes for children from birth through six years of age (available during the hours of 6:30 a.m. - 5:30 p.m.).
- **School Age Care** - Year round child care provided after school during the school year (2-6 p.m.) and full time during summer and school vacations for children ages 6 through 13 (7:30 a.m. - 6:00 p.m.).
- **Head Start** - Free Pre-school for 3-4 year olds at four different locations (8:15 a.m. - 1:15 p.m.)
- **Gloucester Integrated Preschool Program** - Preschool for 5 year olds with AM and PM sessions (8:30 - 11 a.m. / 11:45 - 2:10 p.m.)
- **Special Friends for Youth** - Community adult volunteers spend time with a child from our program.
- **Hand-in Hand Learning Center** - Year round center based child care for infants and children through 5 years (7:00 a.m. - 6:00 p.m.).

SPECIFIC AIDS-RELATED:

- **AIDS Education** available to parents, staff, and children including brochures, workshops and referrals.
- **Policy Development:** position paper, AIDS related information throughout Child Development Program's Policies and Procedures.

FEES: Sliding scale, Department of Social Services referrals, and private

LANGUAGES SPOKEN: English, Portuguese

TRANSPORTATION: Free for eligible families
Fee for families needing the service

GLOUCESTER BOARD OF HEALTH

ADDRESS: 22 Poplar Street, Gloucester, MA 01930

TELEPHONE: (978) 281-9771
(978) 281-9729 (FAX)

ADMINISTRATIVE HEAD: Daniel Ottenheimer, Director

CONTACT PERSON: Sheryl Knutsen, Public Health Nurse;
Co-Chair, Cape Ann AIDS Task Force

PURPOSE: Enforcement of environmental and public health regulations; Public Health information and referrals.

SERVICES OFFERED:

General: Public Health information and referrals
Communicable disease surveillance and control
Immunizations
Tuberculosis Mantoux testing
Public nuisance abatement
Rental dwelling inspections
Lead paint poison prevention
Food service inspections and code enforcement
Sewage system surveillance and Title V code enforcement
Tobacco Control information; enforcement of regulations

Specific AIDS-related: Coordinating public health AIDS information.

HOURS: Monday - Wednesday 8:30 a.m. - 4:00 p.m.
Thursday 8:30 a.m. - 6:30 p.m.
Friday 8:30 a.m. - 12:30 p.m.

FEES: No fees for immunizations, TB testing or health education information. Fees vary for permits and inspections.

LANGUAGES SPOKEN: English

TRANSPORTATION: CATA Business Express Bus goes by every 1/2 hour.

GLOUCESTER HOUSING AUTHORITY

ADDRESS: P.O. Box 1599, Gloucester, MA 01930

TELEPHONE: (978) 281-4770

ADMINISTRATIVE HEAD: William Dugan, Executive Director

CONTACT PERSON: Susan Fish, Assistant Executive Director

PURPOSE: To provide adequate housing for low income families and elderly

SERVICES OFFERED:

General: Public Housing, Rental Assistance

Specific AIDS-related: **Information** to housing assisted clients, with literature and guest speakers.

Willowood Drop-in-Center, for prevention and education about Chemical Dependency and AIDS.
3:00 p.m. - 8:00 p.m. Monday - Friday;

HOURS OF OPERATION: 8:00 a.m. - 4:15 p.m. Monday - Thursday
8:00 a.m. - 12:00 noon on Friday

FEES: None

GLOUCESTER PUBLIC SCHOOLS

ADDRESS: 6 School House Road, Gloucester, MA 01930

TELEPHONE: (978) 281-9845 (Janet Rattray)

ADMINISTRATIVE HEAD: Thomas A. Consolati, Superintendent of Schools

CONTACT PERSON: Janet Rattray R.N., C. - Administrative School Nurse
Harlow LaBarge M.D. - School Physician

PURPOSE: Public education K - 12; Special Needs; Pre-school services

SERVICES OFFERED:

General: Health Education K - 12 as per Health Curriculum
School Health Services:
5.5 Registered Nurses
4 School Health Aides
1 Administrative School Health Aide.

Specific AIDS-related:

- As per designated in School Committee Policy
- As per designated in Health Curriculum
- Special programs as requested by School Administration, staff, parents or students.

HOURS OF OPERATION: School day/School year

FEES: None

LANGUAGES SPOKEN: Bilingual Services available

TRANSPORTATION: Student bus service (for students)
on CATA Bus Line (for older students)

HEALTHQUARTERS

ADDRESS: 19 Broadway, Beverly MA 01915

TELEPHONE: (978) 922-4490

ADMINISTRATIVE HEAD: Lianne Zbyszynski - Executive Director

CONTACT PERSON: Ruth Price, Director of Health Education & Outreach

PURPOSE: Reproductive Health & Education Services

SERVICES OFFERED:

General: Complete gynecological exams and care
Contraceptive information, counseling and supplies
Low-cost birth control methods; free male & female condoms
Pregnancy testing; Free pregnancy counseling
Testing & treatment of sexually transmitted diseases (STDs)
Testing & treatment of common gynecological infections & problems
Breast exams and self-exam information
Pre-marital blood tests
Colposcopy, cryosurgery,/LEEP
No-scalpel vasectomy
Testicular exams
Health Education Programs

Specific AIDS-related:

Anonymous & Confidential HIV Antibody Testing and Counseling:
in **Beverly** Clinic by appointment (978) 922-4490
in **Lynn** Clinic:
• by appointment (617) 593-1115
• Walk-in Wednesdays
• State STD Clinic (617)-595-5463
in **Haverhill** by appointment (978) 521-4444
in **Malden** by appointment (781) 397-9389
HIV/AIDS Prevention Education

HOURS OF OPERATION:

Beverly:	Monday	10:00 a.m. – 8:00 p.m.
	Tuesday	9:00 a.m. – 5:00 p.m.
	Wednesday	9:00 a.m. – 5:00 p.m.
	Thursday	8:30 a.m. – 4:30 p.m.
	Friday	8:00 a.m. – 4:00 p.m.

FEES: Medicaid/Tufts/sliding fee scale.

LANGUAGES SPOKEN: Spanish/ Portuguese in Lynn; Spanish in Haverhill; English-all

TRANSPORTATION: Some clinics accessible by commuter rail or bus line

HES - HEALTH & EDUCATION SERVICES

ADDRESS: 131 Rantoul Street, Beverly, MA 01915

TELEPHONE: (978) 524-7100

ADMINISTRATIVE HEAD: William C. Madaus, EdD, President

CONTACT PERSON: Lucinda Nolet, Director of AIDS Services
Gloucester Prevention Services (a site of H.E.S.)
96 Main Street, Gloucester, MA 01930
(978) 281-0311

PURPOSE OF AGENCY: H.E.S., Inc. promotes the well-being that builds healthy individuals, families, and communities through the integration of quality health, behavioral health, education and human service programs.

SERVICES OFFERED:

General:

Outpatient mental health counseling
Outpatient drug and alcohol counseling
Outpatient methadone treatment and detox program
Residential programs for dually diagnosed persons
Social club for chronically mentally ill
First and second offenders programs
Residential programs for youth and juveniles
Dual diagnosis homeless shelter
Elderly services; Rape crisis services
Adolescent shelter; Victim services

Specific AIDS-Related:

HIV testing - free, anonymous
ACT Now funding services
HIV/AIDS Awareness Presentations
Serenity Supportive Housing for persons with HIV/AIDS
Prevention & Education Services:

- Gay & Bi Men's Health Program
 1. Discussion Groups
 2. Individual HIV Education
- HIV/Substance Abuse Prevention:
 1. Street Outreach
 2. Users Group

HOURS OF OPERATION: Monday through Friday from 9 a.m. to 5 p.m.
96 Main Street, Gloucester, MA 01930

FEES: none for AIDS services (others vary)

LANGUAGES SPOKEN: English

TRANSPORTATION:

None

HOSPICE OF THE NORTH SHORE

ADDRESS: 10 Elm Street, Danvers, MA 01923

TELEPHONE: (978) 774-7566

ADMINISTRATIVE HEAD: Diane Stringer, Executive Director

CONTACT PERSON: Liz Westfall, RN, Intake Coordinator

PURPOSE: Hospice is a special way of caring for individuals, couples and families as they face terminal illness. Our goals are to help the patient remain at home with friends and family by providing a coordinated system of physical, emotional, and spiritual support. Commonwealth Hospice is able to provide this unique, interdisciplinary network of services through our nurses, social workers, home health aides, chaplains, bereavement counselors and volunteers.

SERVICES PROVIDED:

- Medical, pharmacological, emotional and spiritual services are available 24 hours a day, seven days a week.
- Pain control and symptom management.
- Pastoral and mental health counseling.
- Bereavement support for partners and families.
- Personal care by Home Health Aides.
- Short-term inpatient and respite care.
- Dedicated volunteers provide companionship and practical help.

HOURS OF OPERATION:

Administrative Offices: Monday - Friday, 8 a.m. - 8 p.m.
Answering service and on-call staff at all other times.

FEES: Hospice care is paid for by HMOs, private insurance, Blue Cross, Medicare and Medicaid. Care is provided to all who request it, regardless of ability to pay.

LANGUAGES SPOKEN: English, with other interpreters available.

TRANSPORTATION: Some transportation is provided by volunteers.

MANCHESTER BOARD OF HEALTH

ADDRESS: Town Hall
Central Street
Manchester-by-the-Sea
MA 01944

TELEPHONE: (978) 526-7385

ADMINISTRATIVE HEAD: Paula Filias, Chairperson, Board of Health

CONTACT PERSON: Betty Benn, R.N., B.S.N., Public Health Nurse
Ellen Lufkin, Administrative Assistant to the B.O.H.

SERVICES OFFERED:

General: Public Health information and referrals
Communicable disease surveillance and control
Immunizations
Tuberculosis Mantoux testing

Specific AIDS-related:

Counseling and/or Consultation and referral available

HOURS OF OPERATION: Monday 9 a.m. - 1 p.m.
Tuesday 9 a.m. - 5 p.m.
Thursday 9 a.m. - 8 p.m.

FEES: None.

LANGUAGES SPOKEN: English

TRANSPORTATION: Can be arranged (volunteers)

**MASSACHUSETTS DEPARTMENT OF MENTAL HEALTH
NORTH EAST AREA - BEVERLY**

ADDRESS: 180 Cabot Street, Beverly, MA 01915 – 2nd Floor

TELEPHONE: (978) 927-4466

ADMINISTRATIVE HEAD: Fred Hammdorff

CONTACT PERSON: Fred Hammdorff, Site Director

PURPOSE: To serve people with serious, persistent mental illness

SERVICES OFFERED:

General: Eligibility determination – service authorization
Case management
Information & referral
Outreach

Specific AIDS-related:
Training for DMH staff and vendor staff and clients
around AIDS-related issues.

HOURS OF OPERATION: Monday - Friday, 9:00 a.m. - 5:00 p.m.

FEES: Medicaid and Third Party reimbursement

LANGUAGES SPOKEN: English

TRANSPORTATION: None

**MASSACHUSETTS DEPARTMENT OF PUBLIC HEALTH
NORTHEAST REGIONAL HEALTH OFFICE**

ADDRESS: Tewksbury Hospital, Tewksbury, MA 01876

TELEPHONE: (978) 851-7261; (617) 727-7908; FAX: (978) 640-1027

ADMINISTRATIVE HEAD: Paul Muzhuthett, Regional Manager

CONTACT PERSONS: Linda Small, Administrative Assistant
Denise Guilbeault, Case Management Supervisor

PURPOSE: Provides local access to Massachusetts Department of Public Health (MDPH) programs and services. Provides local communities, health and human service providers, schools, cities and towns with consultation, technical assistance, services and resources.

SERVICES OFFERED:
Consultation and technical assistance to local communities, neighborhood groups, families, local boards of health, schools, health and human service providers in the Northeastern part of Massachusetts. Regional Office functions as a clearinghouse for health services, community programs, laws and regulations and public information. Also provides consultative services such as:

- Maternal and Child Health Services Access, such as Healthy Start, Mass Health, Common Health, Children's Medical Security Plan
- Case Management service for children with special health care needs
- Early Intervention Program
- Family Ties for parents of children with special health care needs
- Childhood Lead Paint Poison Prevention
- Immunization
- Tuberculosis Control
- Substance Abuse Prevention
- Tobacco Control Program
- Sexually Transmitted Disease Prevention
- Refugee and Immigrant Health Services
- HIV/AIDS information & referral, resource materials

HOURS OF OPERATION: Monday - Friday 8:45 a.m. - 5:00 p.m.

FEES: None

LANGUAGES SPOKEN: English, Spanish, Vietnamese, and Khmer

TRANSPORTATION: Public Transportation available from Lowell

**MASSACHUSETTS DEPARTMENT OF SOCIAL SERVICES
REGIONAL OFFICE**

ADDRESS: 45 Congress St., Bldg. #4, Salem, MA 01970

TELEPHONE: (978) 825-3800

ADMINISTRATIVE HEAD: Linda K. Carlisle, D.S.S. Commissioner

CONTACT PERSON: Betty Rodger, Area Director

PURPOSE: The Massachusetts Department of Social Services is the state agency which receives and responds to child abuse and neglect reports and provides an array of services to children and families across the Commonwealth. The primary mission of the D.S.S. is to protect children who have been abused or neglected in a family setting. The Department will seek to ensure that each child has a safe, nurturing, permanent home. Additionally, the Department will provide a range of preventive services to support and strengthen families with children at risk of abuse or neglect.

SERVICES OFFERED:
(delivered to consumers according to the town in which they live.)

Child Protective Services
Counseling
Day Care to DSS Families
Family and Adolescent Mediation
Homemakers to DSS Families
Information and Referral Services
Parent Aides and Respite Care
Services to Pregnant and Parenting Adolescents
Sexual Abuse Prevention Service
Sexual Abuse Treatment Services
Substitute Care
Women-in-Transition Services

HOURS OF OPERATION: 9 – 5 weekdays
9 – 8 Thursdays

FEES: None

LANGUAGES SPOKEN: English, Spanish, Portugese

TRANSPORTATION: To be arranged with social worker

**MASSACHUSETTS GENERAL HOSPITAL
FAMILY CARE PROGRAM**

ADDRESS: Massachusetts General Hospital
Adult Family Care Program
Social Service Department
Fruit St. Boston, MA 02114

TELEPHONE: (617) 726-2643; OR (617) 726-8199
FAX (617) 724-0063

ADMINISTRATIVE HEAD: Catherine Sampson, Program Coordinator

PURPOSE: The Family Care Program promotes and supports people living with AIDS in their efforts to remain living in their homes with as much independence as possible.

SERVICES: Financial assistance is available to a non-familial care provider of a person with AIDS. A modest monthly income provided through the program is available to support the care that is being provided. In addition, a staff comprised of clinical social workers and registered nurses offers a range of concrete, medical and emotional supports through home visits. The program is administered by the social service department of the Massachusetts General Hospital, and operates under the guidelines of the division of medical assistance. Medicaid provides the monthly payment for personal care services and reimburses the hospital for administrative costs. It is not necessary that participants receive their medical care at MGH.

HOURS: 8:30 a.m. - 5:30 p.m. Monday - Friday

LANGUAGES SPOKEN: English

NORTH SHORE AIDS HEALTH PROJECT

ADDRESS: 25 Duncan Street, Gloucester, MA 01930

TELEPHONE: (978) 283-0101; 888-283-0101 (Client Services)
(978) 283-3311 FAX

ADMINISTRATIVE HEAD: David Scott Allen, Executive Director

CONTACT PERSON: Susan Oleksiw, Program Manager
Janet Green Garrison, Client Services Director
Kate Perry, Client Services Assistant

PURPOSE: To promote wellness in people living with HIV and AIDS by providing free holistic health care, support services, information and outreach in a safe, caring and confidential environment.

SERVICES OFFERED: (All AIDS related)

<u>Holistic modalities:</u>	Massage	Accupuncture
	Chiropractic	Reiki
	Polarity	Energy healing
	Reflexology	Yoga
	Meditation	Chinese herbal therapies
<u>Support Programs:</u>	Drop-In Center	Congregate lunches
	Social activities	Therapy Groups
	One-to-one Buddy Program	Support Groups
	Physician referrals	Mental health referrals
	Legal referrals	Housing referrals
	Monthly newsletter	Clothing program
	Holiday gift program	Emergency cash
	General case management	Speakers bureau
	Education workshops	

HOURS OF OPERATION: Monday to Friday 9 a.m. – 5 p.m.
Tuesday evening to 8 p.m.
Thursday evening to 9 p.m.
Saturdays 9 a.m. – 12 noon

FEES: None - All services completely free

LANGUAGES SPOKEN: English (Spanish, Italian, French available upon request)

TRANSPORTATION: CATA bus (one block); Commuter rail to Gloucester from points north and south.

NORTH SHORE ASSOCIATION FOR RETARDED CITIZENS (NSARC)

ADDRESS: 64 Holten Street, Danvers MA 01923

TELEPHONE: (978) 762-4878

ADMINISTRATIVE HEAD: Linda Long, Division Director of Family Support Service

CONTACTS: Elaine Cockroft, 766 Special Education Advocacy
Melanie Castellucci, Respite Services
Denise Raboin, Homeless Program

PURPOSE: To provide a diversity of community based services to enhance the quality of life of disabled individuals and their families.

SERVICES OFFERED:

General:

Advocates to provide guidance, education & mediation around the special Education process

Respite Services

Community-based Recreation Services

Advocacy & Support to homeless individuals and families

Information and Referral Services.

Specific AIDS-Related:

People with AIDS will benefit from these self-determined, individualized services which will enhance their independence and ability to participate fully in community life.

In-Agency AIDS/HIV trainers to work with staff and families

Policy development

HOURS OF OPERATION: According to individual's needs & routine
Eligibility, Evaluation/Intakes Mon.- Fri. 9 a.m. - 5 p.m.

FEES: Medicaid or Commonwealth eligible recipient

LANGUAGES SPOKEN: English, Spanish, French, French-Creole.

OASIS

- ADDRESS: 5 Federal Street, Danvers, MA 01923
- TELEPHONE: 1-800-457-8999 X 1347 or (978) 777 6100 X 1347
- ADMINISTRATIVE HEAD: Kathleen Kimball, Wellness Division Manager - X 285
- CONTACT PERSONS: Ursula Munro - OASIS Program Coordinator X 1347
Barbara Preston - OASIS Client Advocate
- PURPOSE: OASIS is a consortium of nine non-profit agencies providing services to people with HIV/AIDS and their families. OASIS services are funded through the federal Ryan White CARE Act and are administered by staff and consumer representatives from each of the participating agencies. Consortium members include:
- North Shore Community Action Programs (NSCAP)
 - VNA Care Network
 - Health & Education Services, Inc. (HES)
 - Strongest Link AIDS Services
 - North Shore AIDS Health Project
 - Child Development Programs of Cape Ann, Inc.
 - Anna Jaques Hospital
 - Team Coordinating Agency (TCA)
 - Gloucester Health Department
 - Consumer Advisory Board
- SERVICES OFFERED: Acupuncture Massage
(All AIDS Related) Transportation Home delivered meals
Child care reimbursement Client emergency funds
Mental health counseling Quarterly Newsletter
Nutritional counseling
Information, referrals & advocacy
Educational Programs & workshops
- HOURS OF OPERATION: Monday - Friday 8 a.m. - 5 p.m
- FEES: None
- LANGUAGES SPOKEN: English
- TRANSPORTATION: for HIV+ registered OASIS clients (to medical, holistic, mental health appointments within our catchment area)

SEACOAST NURSING AND RETIREMENT CENTER

ADDRESS: 292 Washington Street, Gloucester MA 01930

TELEPHONE: (978) 283-0300

ADMINISTRATIVE HEAD: George Gougian

CONTACT PERSON: Jodi Lentini, Admission Coordinator

PURPOSE: Subacute, rehabilitative and long term care.

SERVICES OFFERED:

General:

Medical
Skilled nursing
Physical therapy
Occupational therapy
Speech therapy
Recreational services
Nutrition services
Psychiatric services
All services provided on an inpatient basis.

Specific AIDS-related:

Skilled nursing, rehabilitative, terminal/palliative care

HOURS OF OPERATION: 24 hours/day, 7 days/ week, 365 days/year.

FEES: Medicaid/Medicare certified; contracts with various HMOs and commercial insurers; self-pay option.

LANGUAGES SPOKEN: English

TRANSPORTATION: On CATA bus line

SENIOR CARE, INC.

ADDRESS: 5 Blackburn Center, Gloucester, MA 01930

TELEPHONE: (978) 281-1750

ADMINISTRATIVE HEAD: Guntis Licis, Executive Director

CONTACT PERSON: Kate Desmond, R.N. - Special Programs/Home Care Nurse

PURPOSE: Community-based service agency serving elders age 60+ in Cape Ann/Beverly Area, to help elders preserve their ability to live at home with dignity, safety and independence, and to help the community preserve its history and rich heritage by keeping elders in its midst.

SERVICES OFFERED:

General:

- Information and referral
- Case management
- Range of Home Care (homemaker/personal care, home health, chore, home-delivered meals, social day care, laundry, transportation)
- Respite Care
- Protective Support Groups
- Adult Day Health Care
- Support Services
- Grants to other community agencies to support transportation
- Legal services.

Specific AIDS-Related:

All of the above services are available to eligible AIDS patients age 60+.

HOURS OF OPERATION: Monday - Friday, 8:00 a.m. - 5:00 p.m.

FEES: Sliding Scale

LANGUAGES SPOKEN: English, Italian, Portuguese

TRANSPORTATION: Volunteer transportation; additional services: volunteer shopper, medical transportation, money management, companion.

STRONGEST LINK AIDS SERVICES, INC.

ADDRESS: 5 Federal Street, Suite 250, Danvers MA 01923

TELEPHONE: (978) 777-5885

ADMINISTRATIVE HEAD: Elizabeth Johnson, Executive Director

CONTACT PERSON: Case Managers on call daily

PURPOSE: Strongest Link is a non-profit multi-service AIDS organization, committed to support services for people with HIV/AIDS and their families. Its service area includes all of Essex County.

SERVICES OFFERED:
(All AIDS-Related) Case management
Information and referral
Peer support groups
Transportation services
Legal assistance
Housing assistance in partnership with the North Shore Community Action Program
Child care reimbursement
Holiday program
Education programs
Other support services through our affiliation with regional AIDS consortia

HOURS OF OPERATION: Monday - Friday, 8:30 a.m. to 5:00 p.m.
Evening appointments available

LANGUAGES SPOKEN: Interpreters available

FEES: None.

TRANSPORTATION: Available through volunteers

VNA CARE NETWORK

- ADDRESS:** 5 Federal Street, Danvers MA 01923
- TELEPHONE:** 1-800-457-8999 X 1233
- ADMINISTRATIVE HEAD:** Joanne Keane R.N. HIV Coordinator, VNA Care Network
(781) 890-8440 X 5524 (in Waltham)
- CONTACT PERSON:** Mary McComish, R.N.
HIV resource nurse
- PURPOSE:** Provide care, support, and teaching to the patients and families in the home setting; to maximize independence and comfort.
- SERVICES OFFERED:**
- General:** Home Care Services (provided under physician referral):
Nursing
Physical therapy
Home Health Aides
Speech therapy
Occupational Therapy
Nutritionist
- Specific AIDS-related:**
- In-home care to persons with HIV/AIDS; HIV nurse case manager available
 - Education to patients and families, communities and other health care providers by HIV nurse specialist
 - HIV Homemaker/Respite Program: provides homemaking and/or respite child care to people with HIV
 - Nutritional consult and planning to enhance health status
 - O.A.S.I.S. Program - lead agency.
- HOURS OF OPERATION:** Monday - Friday 8:00 a.m. - 4:30 p.m.
24 hour on-call service.
- FEES:** Third Party reimbursement including Medicare and Medicaid. Free Care if eligible.
- LANGUAGES SPOKEN:** English, Spanish
- TRANSPORTATION:** None.

Services by Category

ALCOHOL / OTHER DRUG DEPENDENCY / ADDICTIONS

Center for Addictive Behaviors (CAB)

27 Congress Street, Salem MA 01970.....(978) 745-8890

Includes Regional office of Massachusetts Prevention Center

HES: Outpatient Mental Health Services

The French Center, 298 Washington St. Gloucester.....(978) 283-0296

Includes Methadone Treatment Program

Outpatient & Substance Abuse/Addiction Services

25R Market St, Ipswich.....(978) 356-1776

Outpatient & Substance Abuse Services - Salem.....(978) 745-2440

HIV/Substance Abuse Prevention Program

96 Main St., Gloucester.....Bill Sobolewski.....(978) 281-0311

S.M.A.R.T. Recovery.....(781) 891-7574

Twelve Step Programs:

Alcoholics Anonymous (AA)

368 Congress St., lower level, Boston MA02210.....(617) 426-9444

Beverly.....(978) 921-7602

24 hour line.....(978) 741-7211

Alanon.....call for meeting list.....(781) 843-5300

Cocaine Hotline.....1-800 COCAINE

Gamblers Anonymous.....1-800-426-1234

Narcotics Anonymous.....(617) 884-7709

Sex & Love Addicts, Anonymous (SLAA).....(617) 625-7961

.....1-800-649-6879

CHILDREN

Cape Ann Early Intervention.....see p. 11.....(978) 281-8441

Cape Ann Families

28 Emerson Ave.....(978) 281-7856

Parent support & education

Cape Ann Pediatric AIDS Committee...see p. 13...Theresa Folse.....(978) 281-2400

Child Development Programs.....see p. 15.....(978) 281-2400

Children's Friend and Family Services of the North Shore

48 Bridge St., Salem MA 01970.....(978) 744-7905

339 Washington St., Gloucester MA 01930.....(978) 283-7198

Counseling, guidance & referral for children & families

North Shore Children's Hospital

57 Highland Ave., Salem, MA 01970.....(978) 745-2100

CONDOM AVAILABILITY

Free condoms are available at the following places. Please make sure that you check each listing for their location and if any restrictions apply. For agency address, please see each specific listing.

<u>Agency</u>	<u>Location of Condoms</u>	<u>Restrictions</u>
AIDS Action Committee	4th floor reception	none
The French Center (HES) at AGH	1st floor waiting area	none
Gloucester Board of Health	Public Health Nurse Office	none
Gloucester City Hall	downstairs restrooms	none
Gloucester Prevention Services	AIDS Services Office	none
Health Quarters	on counter	none
North Shore AIDS Health Project	Living Room/restroom	none
Strongest Link AIDS Services	inside front door	none
VNA Care Network	2nd floor OASIS office	none

In addition to these agencies, the following taverns and bars in Gloucester also have condoms. **They are all restricted to persons 21 years of age or older.**

<u>Tavern/Bar</u>	<u>Location of Condoms</u>	<u>Restrictions</u>
Depot	ask bartender	21 years to enter
Dockside (seasonal)	ask bartender	21 years to enter
Cameron's	men's & women's rooms	21 years to enter
Crow's Nest	ask bartender	21 years to enter
Green Tavern	ask bartender	21 years to enter
Pratty's	ask bartender	21 years to enter
Rhumb Line	men's & women's rooms	21 years to enter
Rigger	ask bartender	21 years to enter
Samuel J's	restroom	21 years to enter

DENTAL

Dental Ombudsperson	(617) 534-4717
Dentistry For All	1-800-342-8747
OASISsee p. 29.....	1-800-457-8999 X1347

EDUCATION (HIV/AIDS)

AIDS Action Committee

HIV Basics (“AIDS 101”): a free, 90 minute course,
given 3 times a month at 131 Clarendon St., Boston
Call for dates and other programs.....see pp. 7-9.....(617) 450-1344

Addison Gilbert Hospital ...Fran Larkin...see p. 6.....(978) 283-4001 X131

American Red Cross.....see p. 10.....(978) 283-1660

Gloucester Prevention Services (H.E.S.).....see p. 20.....(978) 281-0311

Latino Health Institute

95 Berkeley St., Boston MA 02116.....(617) 350-6900

North Shore AIDS Health Project.....see p. 27.....(978) 281-0311

O.A.S.I.S......see p. 29.....1-800-457-8999 X1347

Strongest Link.....see p. 32.....(978) 777-5885

FINANCIAL ASSISTANCE PROGRAMS

EMERGENCY FUNDS

Catholic Charities.....	Diane LePard ...see p. 14.....	(978) 283-3055
H.E.S. ACT Now Funding		
For medical expenses.....	Lynn Murphy...see p. 20.....	(978) 281-0311
Interfaith AIDS Ministry	Rev. Ed Franks	(617) 969-8511
North Shore AIDS Health Project....	Client Services Director...see p. 27....	(978) 283-0101
O.A.S.I.S. (for eligible clients).....	Client Advocate.....	1-800-457-8999 X1347
Shaw Fund	Mary Adams.....	(978) 283-9616
St. Vincent de Paul.....	Sue Flanagan.....	(978) 283-1759
United Way of the North Shore.....	Georgina Keefe Feldman.....	(978) 922-3966

DEPARTMENT OF TRANSITIONAL ASSISTANCE

1. AFDC - Aid to Families with Dependent Children
2. EAEDC - Emergency Aid to the Elderly, Disabled and Children
3. Food Stamps

Area Office: 35 Congress St., Salem MA 01970.....1-978-825-7300
1-800-848-0056

Client Service Numbers:

General Client Service.....1-800-445-6604

Medicaid.....1-800-841-2900

Pam Marr.....(978) 282-1545

COMMONWEALTH OF MASSACHUSETTS REHABILITATION

COMMISSION - DISABILITY DETERMINATION SERVICES DIVISION

Social Security Disability (SSD): Available to those who have paid into the Social Security system through employee payroll deduction (the FICA section on pay stubs) and who meet the definition of disability set by the Social Security Act.

Supplemental Security Income (SSI): Available as income maintenance for the blind, aged, and disabled who have little or no income and limited resources.

Social Security Office serving Essex County:

1 Museum Place, Salem, MA 01970.....978-744-8496
1-800-772-1213

VETERANS' ADMINISTRATION

Gloucester Veterans' Director: Don Welsh.....(978) 281-9740
Office of Veteran's Services, 12 Emerson Avenue, Gloucester MA 01930

Booklet - "Federal Benefits for Veterans and Dependents" (1984)
may be purchased by calling.....1-800-827-1000

FOOD/ NUTRITION RESOURCES

Food Pantries: Provide 3-day supply of non-perishable groceries in emergencies:

ACCORD, 69 Willow St., Hamilton MA.....(978) 468-7424

Beverly Bootstraps (for Beverly residents only)

221 Cabot St., Beverly MA 01915.....(978) 927-1561

Cape Ann Food Pantry

Open Monday through Friday, 10 a.m. – 2 p.m.

Rear 28 Emerson Ave., Gloucester.....(978) 283-6776

Buck-a-Bag:

Fill a bag full of fresh fruit, vegetables, bread, fish for \$1.00

Second Friday of every month, 2:00 – 3:00 p.m.

Food Source Hotline

Call to find out if you are eligible for food stamps or for location of additional
food pantries.1-800-645-8333

Free Dinner:

The Open Door,

Rear 28 Emerson Ave., Gloucester MA 01930.....(978) 283-6776

- Every Monday, Wednesday, Thursday & Saturday, 5:00 - 6:30 p.m.
(Doors open at 4:00 p.m.)
- Anyone who is hungry or lonely is welcome. There are no eligibility requirements.
- Call for ride. (Do not leave message on answering machine.)

Interfaith Harvest Committee:

Every Tuesday at St. John's Episcopal Church

48 Middle St., Gloucester, MA.....(978) 283-1708

Every Friday at Trinity Congregational Church

70 Middle St., Gloucester, MA.....(978) 283-1442

In Beverly:

Church of the Nazarene, 556 Cabot St.....(978) 927-2314

First Baptist Church, 211 Cabot St.....(978) 922-3295

Memorial Methodist Church, 2 Dane St.....(978) 922-6139

St. Peters, Ocean & Hale St.....(978) 922-6139

Local Houses of Worship - some give food vouchers..... See yellow pages

Massachusetts Nutrition Resource Center

250 Washington St., Boston MA(617) 727-0718

9 a.m. - 3:15 p.m. weekdays

N.S.A.H.P.see p. 27.....(978) 283-0101

Lunch Program-for clients of N.S.A.H.P.: Monday & Wednesday

O.A.S.I.S.....see p. 29.....1-800-457-8999 X347

WIC - Provides specified nutritious food supplements to pregnant and nursing women and to infants and children up to five years of age who are determined by professionals to be at nutritional risk with inadequate income.
186 Main St., Gloucester, MA 01930.....(978) 281-4540

FUEL ASSISTANCE PROGRAM

Local community action agencies administer the program and are accepting fuel assistance applications, to help pay a portion of the heating bills for eligible households.

Action, Inc....47 Washington Street, Gloucester, MA 01930.....(978)-281-3900

O.A.S.I.S. has funds for fuel assistance.....1 800-457-8999 X1347

GAY / LESBIAN / BI-SEXUAL / TRANSGENDER

CAMEN Cape Ann Gay & Bisexual Men's Discussion Group
David Goudreau.....(978) 281-0311

BAGLY Boston Alliance of Gay & Lesbian Youth.....1-800-42-BAGLY

Gay & Lesbian Help Line(617) 267-9001

Gay & Bi Men's Health Program
Individual Education.....David Goudreau.....(978) 281-0311

IFGE International Foundation for Gender Education..... (781) 899-2212
(Transgender resources)

NAGLY North Shore Alliance for Gay & Lesbian Youth.....(978) 740-1536
Bill Farrick

PFLAG Parents and Friends of Lesbians & Gays..... (617) 547-2440

NEW ENGLAND HEMOPHILIA ASSOCIATION

Founded in 1957 to serve persons with hemophilia and other congenital clotting disorders. Has formed an AIDS Task Force whose efforts are focused on: Informing membership, informing the public, Direct service to patients, Liaison for Hemophiliacs.

99 Brookline Ave., Boston, MA 02215.....(617) 424-6875
or (617) 424-6874

HIV ANTIBODY TESTING PROGRAMS

- AIDS Action Line.....(Testing referrals).....1-800-235-2331
(617)-536-7733
- American Red Cross Clinical Testing Service.....1-800-223-7849
Confidential counseling & testing
- Anna Jaques Hospital, 25 Highland Ave., Newburyport MA 01950
HIV Coordinator..... (978) 463-1162
- HealthQuarters - Beverly Clinic - 19 Broadway, Beverly MA..... (978) 922-4490
\$10.00; Anonymous HIV Antibody Testing & Counseling
Wednesdays by appointment
- HES..... Free, anonymous, results in 2 weeks
French Center, Addison Gilbert Hospital, Gloucester.....(978) 281-0000
131 Rantoul St., Beverly(978) 921-1293
- Mass. Dept. Public Health Alternative Test Site Program - Lynn Clinic (617)-593-1115
12 Market Square, Lynn MA.
Free, anonymous HIV Antibody Testing & counseling
Walk-in Wednesdays or by appointment
Bilingual staff - Spanish & Portuguese
- Team Coordinating Agency, 76 Winter St., Haverhill MA 01831
.....(978) 373-1181

Personal Physician: You may request confidential HIV testing from your personal physician. It is important to discuss the reasons you believe you should be tested.

ABOUT HIV TESTING

Anonymous HIV Testing:

The name of the person being tested is never attached to the test at any point in the process. The blood drawn is labeled with a code, and the person being tested is given the code. The person must appear in person with the bar code in order to

get the test results. No written record of the person's test results can be given, because his/her name is never attached to the test. In Massachusetts, anonymous HIV antibody testing is performed at sites funded by the Department of Public Health. For information on getting an anonymous HIV test, call the Mass. AIDS Hotline at 1-800-235-2331.

Confidential HIV Testing:

The name of the person being tested is attached to the test at some point in the process and is usually attached to the results. **In Massachusetts, confidential testing is only allowed if the person to be tested has signed an informed consent form.** The person may receive test results in person, in writing, or sometimes over the phone, depending on the facility or health care provider. CAATF does not consider giving HIV test results over the phone appropriate under any circumstances. Confidential HIV testing is available through most physicians and hospitals, although appropriate handling of confidential test results varies from facility to facility.

Counseling, Testing and Support Services (CTSS)

The CTSS model in Massachusetts was developed to provide additional counseling for clients. The model consists of a total of four visits which may be scheduled according to the client's individual needs. Each counseling and testing site develops and implements its own support services protocol based on the specific needs of the population that it serves, and most CTSS sites offer both anonymous and confidential HIV antibody testing. The services are offered to the clients at no cost, but a donation of \$35.00 is suggested per visit. The client's information at the CTSS is supposed to be kept in strict confidence and may be disclosed only with the authorization of the person, by signing a release form specific to HIV.

*As of January 1, 1999, Massachusetts has joined 32 other states in making **HIV** a reportable disease to the Department of Public Health (DPH). Individuals with **AIDS** have been reportable to Mass. DPH by name since 1983. Massachusetts and Maryland are the only states that have adopted a “**unique identifier**” system for reporting individuals with HIV. The other states use name based reporting. The unique identifier uses a combination of letters from the individual's first name, the number of letters in the last name, gender, date of birth, the last 4 digits of the social security number, and the individual's zip code. There is no way to trace the unique identifier number back to the individual. Individuals who test HIV+ will be reported to Mass. DPH when they seek care at: medical care facilities, STD clinics, Dept. of Correction facilities, community health centers, and physician's offices. Focusing surveillance on AIDS cases alone no longer provides a good picture of the extent of the HIV epidemic, or trends among groups of people who are affected.*

HOLISTIC HEALTH CARE

HOME HEALTH AGENCIES

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VNA of GREATER SALEM

Blackburn Park, Gloucester, MA 01930..... (978) 282-4354
27 Congress St., Salem, MA 01970..... 1-800-823-4VNA
29 Centennial Drive, Peabody, MA..... (978) 538-3104

HOSPICE CARE PROGRAMS

Programs which provide support and care for persons in the last phases of incurable diseases so that they might live as fully and comfortably as possible. No terminally ill patient is denied hospice care based on his/her diagnosis.

Hospice of the North Shore see p. 21.....(978) 774-7566

Seton Manor

296 Allston St., Brighton, MA 02146
Contact: Daniel Finnegan.....(617) 277-7133

VNA Care Network – Choices Department

Main Office: 245 Winter St., Suite 110, Waltham, MA 02154.....(781) 890-2931
Chilton House: 65 Chilton St., Cambridge MA 02138.....(617) 661-6415
Tippet House: 920 South Street, Needham, MA 02192.....(781) 433-5850

HOTLINES

AIDS Action Hotline - TDD for hearing impaired,
Monday - Friday 9 a.m. - 9 p.m.
Saturday 10 a.m. - 2 p.m. 1-800-235-2331

AIDS Hotline, U.S. Public Health Service..... 1-800-342 AIDS
1-800-342 2437

National Gay Task Force AIDS Information Hotline..... 1-800-221-7044
(New York)..... 1-212-807-6016

National Sexually Transmitted Disease Hotline..... 1-800-227-8922

Operation VENUS - Information on Sexually Transmitted diseases 1-800-272-2577

Mass AIDS Discrimination Hotline..... 1-800-AIDS808

S.P.A.L. Portuguese AIDS Hotline..... 1-800-348-5059
 Spanish/English AIDS Hotline..... 1-800-637-3776

HOUSING

AIDS Action Committee.....see pp. 7-9.....(617) 450-1250
 Essex Housing Authority.....Chebacco Terrace, Essex 01929 (978) 768-6821
 Gloucester Housing Authority.....see page 17..... (978) 281-4770
 Ipswich Housing Authority..... 1 Agawam Village, Ipswich 01938 ..(978) 356-2860
 Manchester Housing Authority... ..The Plains, Manchester 01944.....(978) 526-1850
 North Shore Community Action Programs.....98 Main St., Peabody 01960
 HIV Housing Counselors are available
 Director: Melissa Buchanan.....(978) 531-0767
 Rockport Housing Authority.....13 Millbrook Park, Rockport 01966.....(978)546-3181
 Serenity Supportive Housing (H.E.S.)
 Supportive housing for HIV+/AIDS adults – temporary or permanent
 9 Nike Village, Topsfield 01983.....(978) 887-0833
 Topsfield Housing Authority.....69 Washington St., Topsfield 01983. (978) 887-8407

LEGAL RESOURCES FOR PERSONS AFFECTED BY HIV

AIDS Law Project -

Gay & Lesbian Advocates & Defenders (GLAD)

P.O. Box 218

Boston, MA 02112.....(617) 426-1350

Massachusetts AIDS Discrimination Initiative

95 Berkeley Street - Room 651

Boston, MA 02116.....(617) 426-5665

Publishes a comprehensive directory of legal resource agencies.

Harvard Legal Aid Bureau - AIDS Practice Group

1151 Massachusetts Avenue

Cambridge, MA 02138.....(617) 495-4408

Massachusetts Commission Against Discrimination

One Ashburton Place

Boston, MA 02108.....(617) 727-3990

Massachusetts law (MGL Chapter 151b, et. seq. and Chapter 272, p. 98) prohibits discrimination against those who have, or are perceived to have, a mental or physical handicap. Persons with AIDS are considered by MCAD to fall within these criteria

Massachusetts Office on Disabilities

Room 1305

One Ashburton Place

Boston, MA 02108.....(617) 727-7440

voice and TDD for hearing impaired.....1-800-322-2020

Disabilities Law Center, Inc.

11 Beacon St., Suite 925

Boston, MA 02108.....(617) 723-8455

Free or low cost legal assistance or representation to individuals who have claims because they have been denied Social Security Disability Benefits.

Equal Employment Opportunity Commission

One Congress Street

Boston, MA 02114.....(617) 565-3200

Living Legacy II.....(617) 442-8800 X 324

Helps parents with HIV/AIDS plan for the future care of their children

MDPH Division of Health Care Quality

Patient Complaint Unit

Department of Public Health

80 Boylston Street, 11th Floor

Boston, MA 02116.....1-800-462-5540

Monitors the quality of health care services provided in Massachusetts by nursing homes, hospitals, ambulance services, labs, blood banks, home health agencies, state schools, and community based programs for the mentally retarded. Also addresses rights of Medicare beneficiaries.

Mass. Correctional Legal Services

For HIV+ people in Massachusetts Correctional Institutions who need legal assistance around HIV issues.

Contact Ann Braudy.....(617) 482-2773

Legal Services Consortium

Referrals through Strongest Link.....see p. 32.....(978) 777-5885

The LSC is a referral network of attorneys in Essex County providing free or affordable limited legal services for those persons infected with or affected by HIV/AIDS.

AIDS Action Committee (AAC)

131 Clarendon Street

Boston, MA 02116

Contact: the Access Line.....(617) 450-1250

AAC Access Line provides free or reduced fee legal services for people with HIV who meet the income eligibility guidelines set by AAC. Their services primarily cover estate planning and bankruptcy.

PHYSICIANS* – Infectious Disease Specialists

** The CAATF does not endorse any specific MD*

NAME	ADDRESS	PHONE #
Maurice Greenbaum	55 Highland Ave. Suite 102, Salem 01970.....	(978) 741-1644
Steven Keenholtz	140 Commonwealth Ave, Danvers 01923.....	(978) 777-6544
Karen Mello	Pentucket Medical Associates 203 Turnpike St., North Andover 01845.....	(978) 557-8700
Mary Schwartz	Pentucket Medical Associates 260 Merrimack St., Newburyport 01950.....	(978) 499-7200
Peter Sheckman	496 Lynnfield St. Suite 206 Lynn 01904.....	(781) 593-3400
Lucas Wolf	302 Washington St., Gloucester 01930.....	(978) 283-7580

BEVERLY HOSPITAL MEDQUEST - Physician referral service

Weekdays: 8:30 a.m. - 4:30 p.m..... (978) 927-8953
After hours & weekends: call Ask-A-Nurse..... 1-800-544-2424

REHABILITATION / VOCATIONAL TRAINING

Mass. Rehab Commission

Vocational counseling, testing, training, job readiness training for people with a physical or emotional disability which is a substantial handicap to employment.

45 Congress St., Salem MA 01970(978) 745-8085
(Gloucester, Ipswich - Thomas O'Brien)

TRANSPORTATION

AMERICAN RED CROSS.....see page 10(978) 283-1660
STRONGEST LINK.....see page 32(978) 777-5885
O.A.S.I.S......see page 29.....1-800-457-8999 X1347

GLOSSARY OF TERMS

AIDS

- '**Aquired**' means you are not born with it. You have to be infected.
- '**Immune **Deficiency**' means that there is a breakdown in the body's defenses.**
- '**Syndrome**' means a group of signs/symptoms.
- People are diagnosed with **AIDS** when they are infected with HIV and have at least one of the 29 **Opportunistic Infections (OI)** listed with the Center for Disease Control (CDC). Someone can also be diagnosed if they are infected with **HIV** and have less than 200 **T cells**.

HIV

Human **Immunodeficiency **Virus** - the virus that causes **HIV Disease** which leads to being diagnosed with AIDS.**

HIV Antibody Testing

The test to determine if someone is infected with **HIV**. The test detects antibodies specific to **HIV**.

HIV Disease

Includes all stages of infection with **HIV**, including acute onset, asymptomatic, symptomatic, and **AIDS**.

HIV- (HIV negative)

Refers specifically to someone who is not infected with HIV.

HIV+ (HIV positive)

A term used to describe infection with **HIV**.

Medications for HIV

- Nucleoside analog reverse transcriptase inhibitors (NRTI)
- Non-nucleoside analog reverse transcriptase inhibitors (NNRTI)
- Nucleotide analog reverse transcriptase inhibitors
- Protease inhibitors (PIs)

“The Cocktail”

A combination of **HIV** medications.

Opportunistic Infections (OI)

Illnesses caused by bacteria and viruses that take advantage of a person's weakened immune system. **OI** usually do not occur in a person who has a healthy immune system.

PWA A person living with **AIDS**.

T Cells

- Also known as “CD4” cells
- Cells that make up the immune system that help fight off infection. **T Cells** are the primary targets of **HIV**.

Viral Load

The amount of **HIV** detected in the blood system. This can range from undetectable to the millions. *If an individual with **HIV** has an undetectable viral load, that does not mean he is free of HIV. Someone can still pass along **HIV** with an undetectable **viral load**. **HIV** is also in other body systems.

Window Period

The period of time (3 to 6 weeks for the majority, up to 6 months for a small percentage of people) between **HIV** infection and when antibodies for **HIV** show up. *If an **HIV antibody test** is taken during this time period, that person may have an inaccurate result.